

# BASIC NECK REGION EXERCISE: DOUBLE-STOPS WITH OPEN STRING: 1-4 FRAME

## PART 1: CLOSED POSITION (NO EXTENSIONS)

- always pluck the open string when releasing the left hand finger (this is the meaning of the "o" sign)
- do all position changes with slow audible glissando ( ~~~ )
- play on other pairs of strings also

### EXERCISE 1

Exercise 1 consists of six staves of music. The first staff is in 1/4 time and features a sequence of double-stops with open strings, marked with a '1' and a '+' sign. The second staff continues the sequence with glissando markings (~~~~) and a '1' above the notes. The third staff continues the sequence with glissando markings and a '1' above the notes. The fourth staff continues the sequence with glissando markings and a '1' above the notes. The fifth staff continues the sequence with glissando markings and a '1' above the notes. The sixth staff concludes the exercise with a final double-stop and a '1' above the notes.

### EXERCISE 2

Exercise 2 consists of three staves of music. The first staff is in 1/4 time and features a sequence of double-stops with open strings, marked with a '1' and a '+' sign. The second staff continues the sequence with glissando markings (~~~~) and a '1' above the notes. The third staff concludes the exercise with a final double-stop and a '1' above the notes.