

1-4 Doubleextensions in the Neck Region: EXERCISES

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PART 1: ONLY FIRST AND FOURTH FINGERS. Play with different rhythms and on different strings

Exercise 1: Legato Scales. Ex 1A: One-octave scales across two strings. Ex 1A1: Quadruplet rhythms

Ex 1A2

Ex 1A3: Triplet Rhythms

Ex 1B: Two-octave scales across three strings. Ex 1B1: Quadruplet rhythms

Ex 1B2: Triplet rhythms

Exercise 2: Upbeats in Double-Extension. Don't maintain (hold) extension during the long notes.

Ex 2A: Perfect fourth on same string. Ex 2A1: Stretch upwards

Ex 2A2: Stretch downwards

Ex 2B: Octave interval to neighbouring string. Ex 2B1: Stretch upwards

Ex 2B2: Stretch downwards

Exercise 3: Doublestopped exercises. Ex 3A1: Stretch back

Ex 3B1: Stretch up

Ex 3A2

Ex 3B2