

First Finger Arpeggio Shifting Exercises

Fourths: From and To The Extended Position

SHIFTING TO AND FROM THE EXTENDED FIRST FINGER IS UNCOMFORTABLE AND UNSTABLE FOR NORMAL SIZE HANDS. THEREFORE WE AVOID THESE FINGERINGS WHEREVER POSSIBLE.. THIS IS JUST AN EXERCISE FOR PRACTICING THIS DIFFICULT SKILL.

to be played with a wide variety of different rhythms and bowings

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The sheet music consists of eight staves of cello music. Each staff begins with a bass clef, a key signature, and a common time signature. The music is divided into measures by vertical bar lines. Above each note in the first measure of every staff is a circled '1'. In the second measure, the notes are numbered sequentially: 1, 2, 3, 4, 5, 6, 7, 8. The third measure contains only circled '1's. The fourth measure has circled '1's above the first four notes, and circled '2' above the last four notes. The fifth measure has circled '1's above the first six notes, and circled '2' above the last two notes. The sixth measure has circled '1's above the first seven notes, and circled '2' above the last note. The seventh measure has circled '1' above the first note, and circled '2' above the remaining seven notes. The eighth measure has circled '1' above the first note, and circled '2' above the remaining seven notes.