

Doublestopped Arpeggio Shifting Exercises To and From Thumb Position

HAND MOVES A THIRD

EXERCISE 1: 1-1 MINOR THIRDS AND 2-THUMB SUBSTITUTION

1.1: MAJOR ARPEGGIOS FROM G STRING: Bring thumb up onto top 2 strings at arrow sign

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EXERCISE 1: 1-1 MINOR THIRDS AND 2-THUMB SUBSTITUTION

1.2 : MAJOR ARPEGGIOS FROM C STRING: Bring thumb up onto top 2 strings at arrow sign

The musical score consists of 11 staves of music in bass clef, 4/4 time. Each staff shows a sequence of double-stopped arpeggios. The first five staves are in the C major key (one sharp), and the last six staves are in the C minor key (no sharps or flats). Each staff begins with a double stop on the C string (C2 and G2) and moves through various positions (II2, IV3, IV4) as indicated by the Roman numerals. Fingerings (1, 2, 3, 4) and bowing directions (up and down bows) are clearly marked. An arrow on the first staff points to the first measure where the thumb is substituted onto the top two strings. The exercise concludes with a double bar line and repeat signs.

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EXERCISE 2: This exercise is harder as we we have very little time to prepare (bring up) the thumb. In fact we basically have to bring up the thumb during the shift.

2.1: STARTING FROM THE G STRING

The musical score consists of 11 staves of music in bass clef. Each staff begins with a key signature change and contains doublestopped arpeggios with shifting. Fingerings are indicated by numbers 1, 3, and 4. A circled 'P' indicates the thumb position. The key signatures are: Staff 1: A major (F# C# G#); Staff 2: D major (F# C#); Staff 3: B major (F# C#); Staff 4: G major (F#); Staff 5: D major (F# C#); Staff 6: A major (F# C#); Staff 7: F major (C); Staff 8: D major (F# C#); Staff 9: B major (F# C#); Staff 10: G major (F#); Staff 11: A major (F# C#).

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EXERCISE 2.2: STARTING FROM THE C STRING

4 1 II \uparrow 2 \downarrow 1 \uparrow 4

4 1 \uparrow 2 \downarrow 1 \uparrow 4

4 1 \uparrow 2 \downarrow 1 \uparrow 4

4 1 \uparrow 2 \downarrow 1 \uparrow 4

4 1 \uparrow 2 \downarrow 1 \uparrow 4

4 1 \uparrow 2 \downarrow 1 \uparrow 4

4 1 II \uparrow 2 \downarrow 1 \uparrow 4

IV₄ 1 II \uparrow 3 \downarrow 1 \uparrow 3

IV₄ 1 II \uparrow 3 \downarrow 1 \uparrow 3

IV₃ 1 II \uparrow 3 \downarrow 1 \uparrow 3

IV₃ 1 II \uparrow 3 \downarrow 1 \uparrow 3