

# Shifting UpTo (and Down From) Thumb Position: Doublestopped Arpeggio Exercises

## TO AND FROM THUMB

Let's start with shifting to the thumb on the fifth, as that is the easiest for both hand and brain

EX 1A: MINOR: hand moves a fourth

by cellofun.eu

TRANPOSE EACH EXERCISE CHROMATICALLY UP THROUGH ALL THE POSITIONS

EX 1B: SAME BUT MAJOR

EX 2A1: MAJOR: hand moves seventh

EX 2A2: SAME BUT MINOR

EX 2B1: MAJOR

EX 2B2: SAME BUT MINOR

Now we will do also exercises where we shift up to a doublestop involving the thumb and another finger

EX 3: HAND MOVES A THIRD. EX 3A1: MAJOR

EX 3A2: SAME BUT MINOR

## Shifting Up To (and Down From) Thumb Position: Doublestopped Arpeggio Exercises

## TO AND FROM THUMB (cont)

EX 3: HAND MOVES A THIRD (cont)

EX 3B1: SAME BUT MAJOR

EX 3B2: MINOR

EX 3C1: SAME BUT MAJOR

EX 3C2: MINOR: hand moves a third

EX 4: HAND MOVES A FIFTH

EX 4A1: MINOR

EX 4A2: SAME BUT MAJOR

EX 4B1: MAJOR

EX 4B2: SAME BUT MINOR

EX 4C1: MAJOR

EX 4C2: SAME BUT MINOR