

1. ROLLING DOUBLESTOPPED ARPEGGIO EXERCISES: ALL REGIONS: WITH THUMB
 THUMB-THUMB PERFECT FOURTH + 2-1 THIRD: HAND MOVES PERFECT FOURTH

Minor Arpeggios: DOUBLE STOPS: EXERCISE 1A: : Shifting on A string only

Exercise 1A consists of six staves of musical notation, each showing two measures of double-stopped arpeggios on the A string. The exercises are in the following keys: B-flat major, D minor, E-flat major, F major, G major, and A major. Fingerings (1, 2) and accents (φ) are indicated throughout the piece.

EX 1B: Shifting on A and D strings (arrows = move thumb across one string)

Exercise 1B consists of six staves of musical notation, each showing two measures of double-stopped arpeggios with thumb shifts between the A and D strings. Arrows indicate the direction of the thumb shift. The exercises are in the following keys: B-flat major, D minor, E-flat major, F major, G major, and A major. Fingerings (1, 2) and accents (φ) are indicated throughout the piece.

2. ROLLING DOUBLESTOPPED ARPEGGIO EXERCISES: ALL REGIONS: WITH THUMB
HAND MOVES FOURTH: MINOR ARPEGGIOS

EX. 1 B (cont)

Exercise 1 B (cont) consists of four systems of musical notation, each with a bass staff and a treble staff. The exercises are in minor keys: B-flat major (B-flat minor), B-flat major (B-flat minor), D major (D minor), and D major (D minor). Each system shows a sequence of double-stopped arpeggios. The first system starts with a bass staff and ends with a treble staff. The second system starts with a treble staff and ends with a bass staff. The third system starts with a bass staff and ends with a treble staff. The fourth system starts with a treble staff and ends with a bass staff. Fingering numbers (1, 2) and thumb positions (upward and downward arrows) are indicated throughout the piece.

EX 1C: Shifting on A,D and G strings (double arrow = move thumb across two strings)

Exercise 1 C consists of six systems of musical notation, each with a bass staff and a treble staff. The exercises are in minor keys: B-flat major (B-flat minor), B-flat major (B-flat minor), B-flat major (B-flat minor), B-flat major (B-flat minor), D major (D minor), and D major (D minor). Each system shows a sequence of double-stopped arpeggios. The first system starts with a bass staff and ends with a treble staff. The second system starts with a treble staff and ends with a bass staff. The third system starts with a bass staff and ends with a treble staff. The fourth system starts with a treble staff and ends with a bass staff. The fifth system starts with a bass staff and ends with a treble staff. The sixth system starts with a treble staff and ends with a bass staff. Fingering numbers (1, 2) and thumb positions (upward and downward arrows) are indicated throughout the piece. Roman numerals I, II, and III are placed above the notes to indicate string positions.