

Doublestopped Arpeggio Shifting Exercises To and From Thumb Position

SHIFTS TO (AND FROM) THUMB: HAND MOVES FIFTH: Top Finger/First Finger Third, and Thumb On/Off

EXERCISE 1A: Minor Arpeggios from D and G Strings: NO EXTNS

Exercise 1A consists of five staves of music in bass clef, 3/4 time. Each staff contains two measures of music, with a double bar line in the middle. The first measure of each staff is in a minor key, and the second measure is in a major key. The arpeggios are played in a descending sequence from the D string to the G string. Fingerings are indicated by numbers 1-4. Hand positions are marked with Roman numerals I and II. The exercise includes shifts to and from thumb position, indicated by 'thumb back' labels. The first measure of each staff starts with a double stop on the D and G strings, followed by an arpeggio. The second measure starts with a double stop on the G and C strings, followed by an arpeggio. The exercise is designed to be played with a metronome at a tempo of 120 bpm.

EXERCISE 1B: Minor Arpeggios from G and C Strings: NO EXTNS

Exercise 1B consists of six staves of music in bass clef, 3/4 time. Each staff contains two measures of music, with a double bar line in the middle. The first measure of each staff is in a minor key, and the second measure is in a major key. The arpeggios are played in a descending sequence from the G string to the C string. Fingerings are indicated by numbers 1-4. Hand positions are marked with Roman numerals I, II, III, and IV. The exercise includes shifts to and from thumb position, indicated by 'thumb back' labels. The first measure of each staff starts with a double stop on the G and C strings, followed by an arpeggio. The second measure starts with a double stop on the C and F strings, followed by an arpeggio. The exercise is designed to be played with a metronome at a tempo of 120 bpm.

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EXERCISE 2A: Major Arpeggios from D and G Strings: WITH EXTENDED LOWER POSITION

EXERCISE 2B: Major Arpeggios from G and C Strings: WITH EXTENDED LOWER POSITION

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SHIFTS TO (AND FROM) THUMB: HAND MOVES FIFTH: Top Finger/First Finger Third, and Thumb On/Off

EXERCISE 1C: Minor Arpeggios from C String: NO EXTNS

1 4 III φ 1 4 III φ
IV 1 IV

same but enharmonic

1 4 III φ 1 4 III φ
IV 1 IV

1 4 III φ 1 4 III φ
IV 1 IV

1 4 III φ 1 4 III φ
IV 1 IV

EXERCISE 2C: Major Arpeggios from C String: WITH EXTENDED LOWER POSITION

1 4 φ 1 4 φ
IV 1 IV

1 4 φ 1 4 φ
IV 1 IV

1 4 φ 1 4 φ
IV 1 IV

same but enharmonic

1 4 φ 1 4 φ
IV 1 IV

1 4 φ 1 4 φ
IV 1 IV