

Neck Position: Basic Doublestopped Exercises In One Position with Open String

These are the "level 3" preparation for the COSSMANN DOUBLE-TRILL TYPE EXERCISES

- do also on other pairs of strings - try also in extended position (with 1b)

EXERCISE 1: 1ST FINGER AND OPEN ON TOP STRING, 3RD AND 4TH FINGERS ON LOWER STRING

EX 1.A.1

etc

EX. 1.A.2

EX. 1.B.1

EX. 1.B.2

EX. 1.C.1

EX. 1.C.2

EX. 1.D.1

EX. 1.D.2

EXERCISE 2: Do all these now using the 2nd finger on F (instead of 3rd on F#). Use both extended and non-extended positions.