

Neck Position: Basic Doublestopped Exercises In One Position with Open String

These are the "level 3" preparation for the COSSMANN DOUBLE-TRILL TYPE EXERCISES

- do also on other pairs of strings - try also in extended position (with 1b)

EXERCISE 4: 2ND FINGER AND OPEN ON TOP STRING, 1ST AND 4TH FINGERS ON LOWER STRING

EX 4.A.1

2
1 etc

EX. 4.A.2

EX. 4.B.1

EX. 4.B.2

EX. 4.C.1

EX. 4.C.2

EX. 4.D.1

EX. 4.D.2

EXERCISE 5: Now do all these with the 3rd finger on F# instead of the 4th finger on G. Try also in extended position (1 on Eb)