

Extensions: 3-4 Tone (and 2-4 Minor Third): EXERCISES

play on different strings and with different bowings, rhythms and articulations

DON'T STRAIN YOUR HAND: THESE ARE VERY UNNATURAL, ESPECIALLY IN THE LOWER POSITIONS

EX. 1: Look where the third finger is!

EX. 2: Look where the third finger is!

EX. 3: Compare the comfort of the two fingerings

EX. 4: Transpose this exercise all over the Neck Region and do it also with 2nd finger instead of 3rd

same but with double the frequency of extensions

EX. 5: CRAWLING DOUBLESTOPS

AND UPWARDS

EX 6: TWO-STRING ARPEGGIOS

EX 7: DOUBLESTOPS: ONE FINGER ALWAYS FIXED: IMPROVISE WITH NOTE CLUSTER ON THE OTHER STRING

EX 7A: FIXED FINGER ON LOWER STRING

EX 7B: FIXED FINGER ON HIGHER STRING

THREE-STRING CHORD PROGRESSION STUDY: can also be played with every second bar in the minor key