

## NECK REGION BASIC DOUBLETOPPED EXERCISES IN ONE POSITION

### PART 2: One Finger Fixed on One String/All Other Fingers and the Open String on the Other String

TABLE 2A: ALL POSSIBLE COMBINATIONS WITH ONE FINGER AND OPEN STRING ON THE LOWER STRING AND ALL OTHER FINGERS ON THE HIGHER STRING				
HIGHER STRING FINGERS	2 3 4	1 3 4	1 2 4	1 2 3
LOWER STRING FINGERS	1 0	2 0	3 0	4 0
SOUNDS GOOD IN WHICH NON-EXTD POSITIONS?	7°, 4° and 2° 1st finger on A, F# or E (if on D-string)	7°, 5°, 3° and 2° 1st finger on E, D, C or B (if on A-string)	4° and 2° 1st finger on D or C (if on A-string)	5°, 4° and 1° 1st finger on E, D, or Bb (if on A-string)
SOUNDS GOOD IN WHICH EXTENDED POSITIONS?	1st finger on A, F or Eb (if on D-string)	1st finger on D or Bb (if on A-string)	1st finger on D or Bb (if on A-string)	1st finger on D or B (if on A-string)

TABLE 2B: ALL POSSIBLE COMBINATIONS WITH ONE FINGER AND OPEN STRING ON THE HIGHER STRING AND ALL OTHER FINGERS ON THE LOWER STRING				
HIGHER STRING FINGERS	1 0	2 0	3 0	4 0
LOWER STRING FINGERS	2 3 4	1 3 4	1 2 4	1 2 3
SOUNDS GOOD IN WHICH NON-EXTD POSITIONS?	4°, 2° and 1° 1st finger on C#, B, Bb (if on A-string)	7°, 4°, 2° and 1° 1st finger on A, F#, F, Eb (if on D-string)	7°, 4°, 2° and 1° 1st finger on A, F#, F, Eb (if on D-string)	7°, 5°, 4° and 1° 1st finger on A, G, F#, Eb (if on D-string)
SOUNDS GOOD IN WHICH EXTENDED POSITIONS?	1st finger on D, C or Bb (if on A-string)	1st finger on A, F or Eb (if on D-string)	1st finger on A, G or F (if on D-string)	1st finger on A, G or Eb (if on D-string)

Here below is a suggestion for different ways in which we can practice these patterns. The string with the "active" left hand (on which the fingers move most rapidly) is that on which we have the most fingers playing. We can change the finger sequence order on both strings. Rather than writing out all the (more than 24) different possibilities that exist for each of the eight finger configurations it is probably simpler to just improvise.