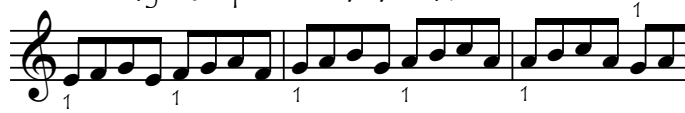
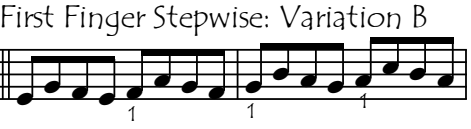
Shifting Exercises within the Intermediate Region

Practice on different strings, in different keys and with different bowings and rhythms
Repeat any difficult bars

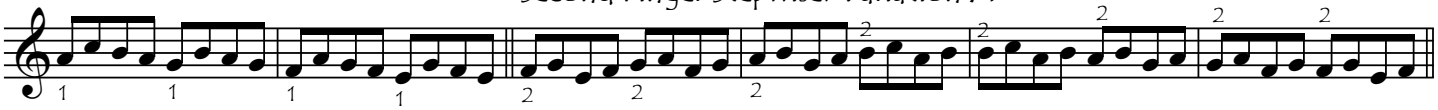
First Finger Stepwise: Variation A



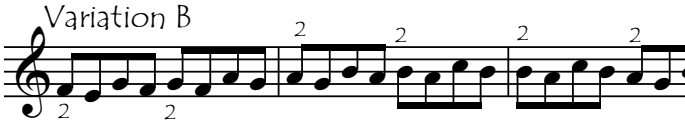
First Finger Stepwise: Variation B



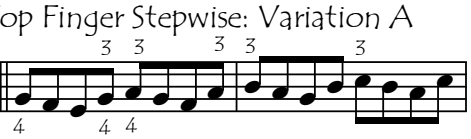
Second Finger Stepwise: Variation A



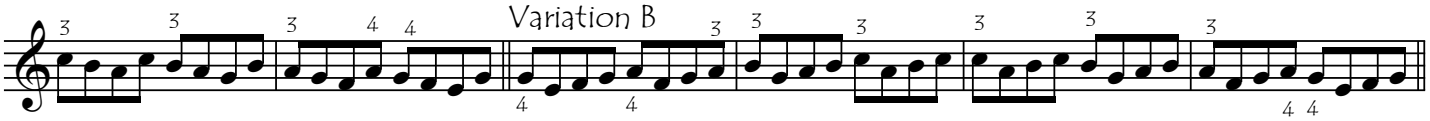
Variation B



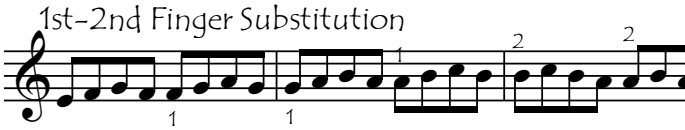
Top Finger Stepwise: Variation A



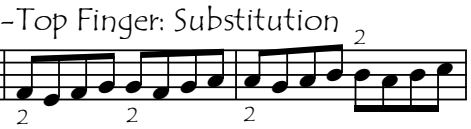
Variation B



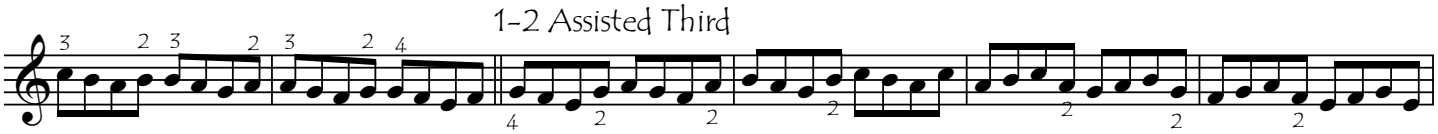
1st-2nd Finger Substitution



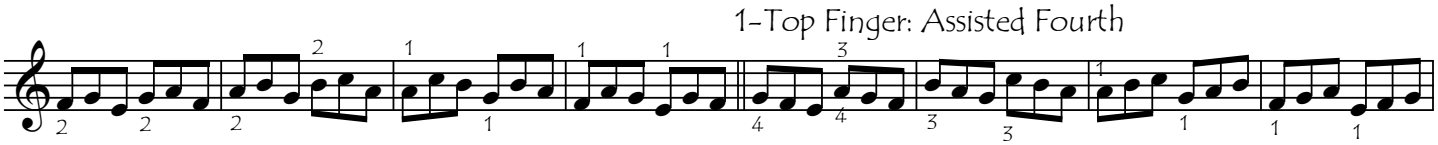
2-Top Finger: Substitution



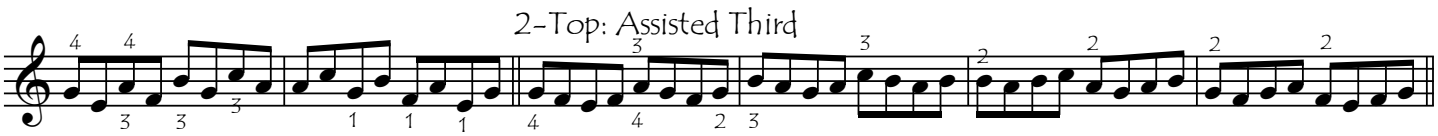
1-2 Assisted Third



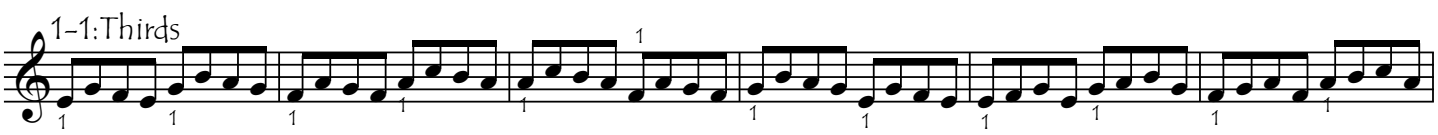
1-Top Finger: Assisted Fourth



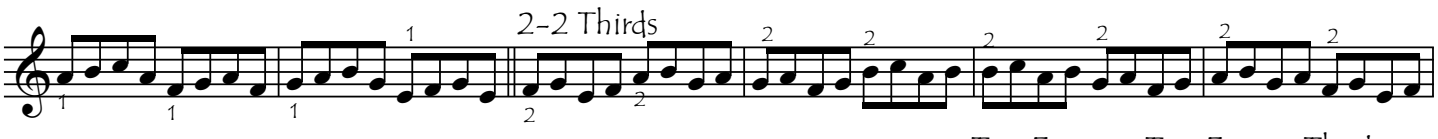
2-Top: Assisted Third



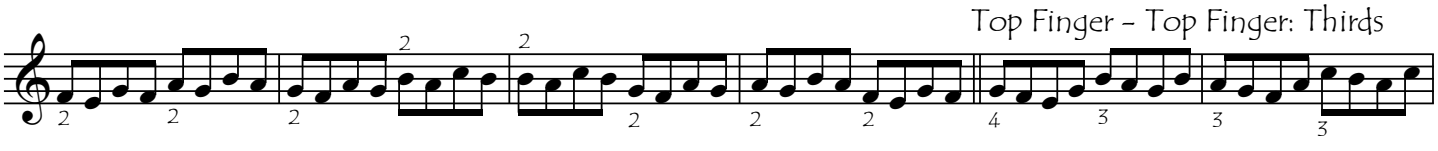
1-1:Thirds



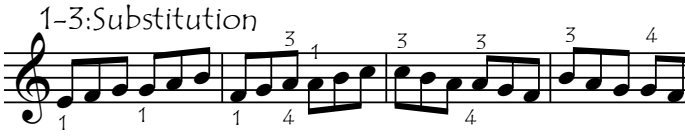
2-2 Thirds



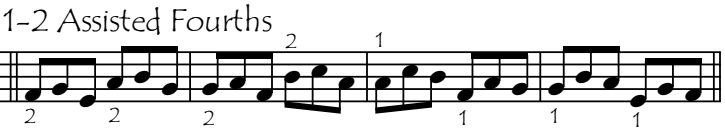
Top Finger - Top Finger: Thirds



1-3:Substitution



1-2 Assisted Fourths



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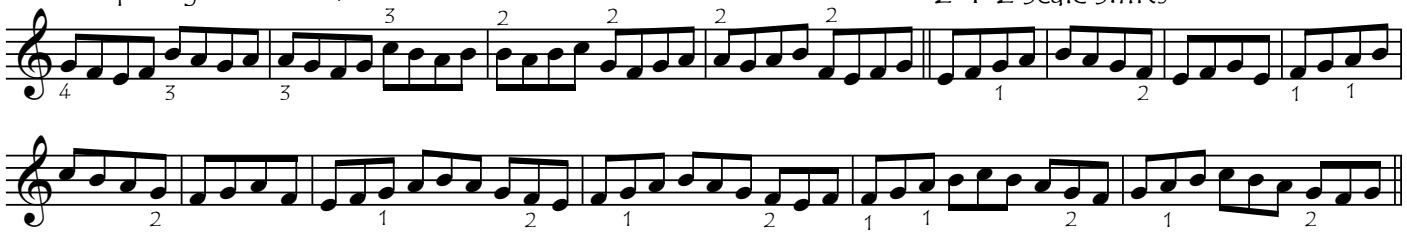
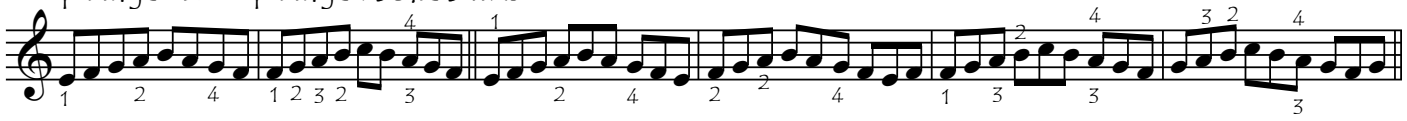
2-Top Finger: Assisted Fourths

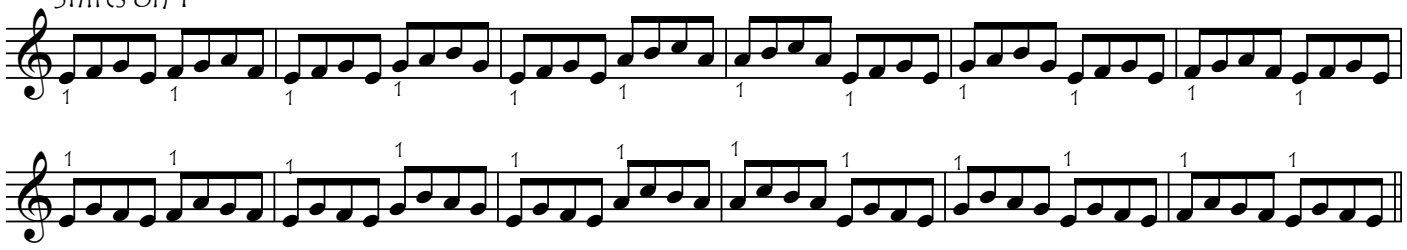
2-1-2 Scale Shifts



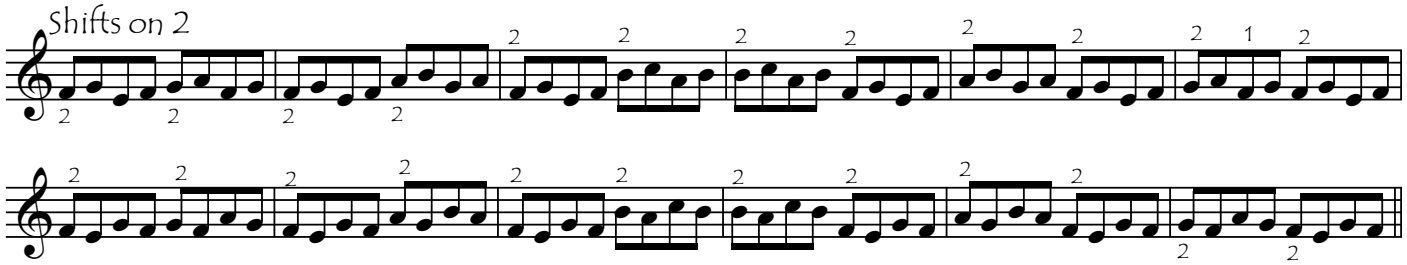
Top Finger-2-Top Finger: Scale Shifts



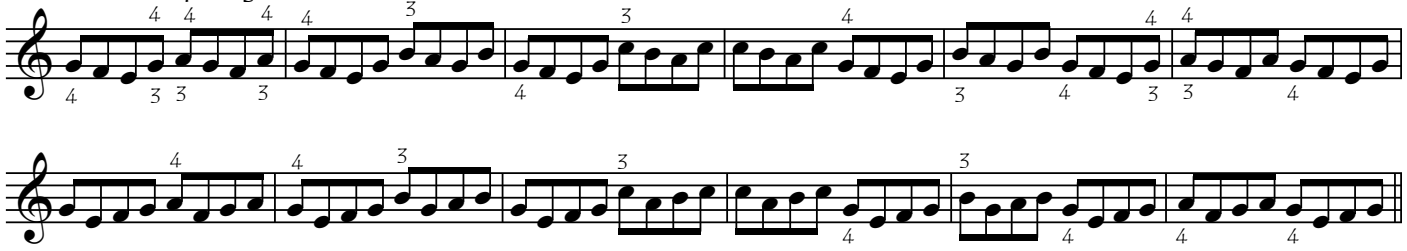
Shifts on 1



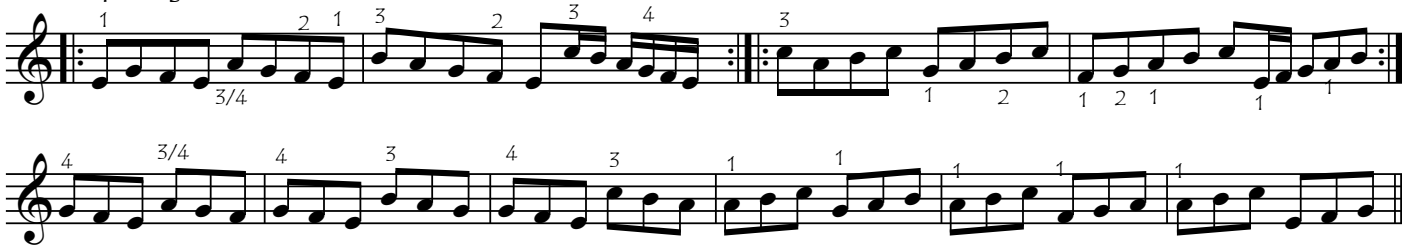
Shifts on 2



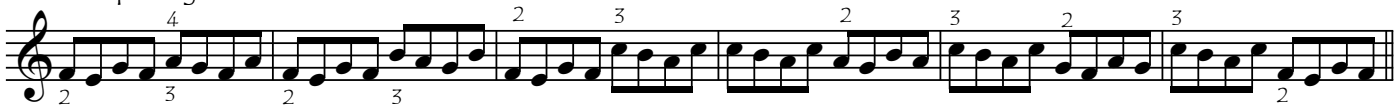
Shifts on Top Fnger



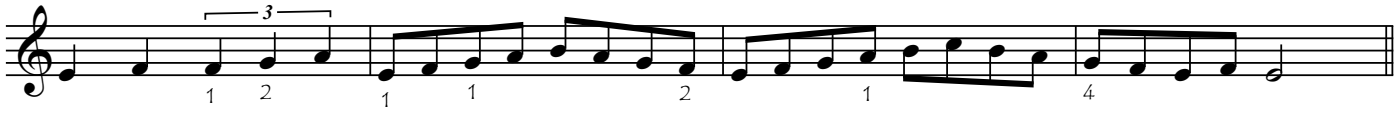
1-Top Finger: Assisted Shifts



2-Top Finger: Assisted Shifts



Scale/Arpeggio Type Shifts To and From First Finger



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