

Assisted Shifts: Exercises on Same String: All Regions (no thumb)

DO ALSO IN OTHER KEYS, ON OTHER STRINGS, AND WITH DIFFERENT RHYTHMS/BOWINGS

In Assisted Shifts we always have the question of "on which finger shall we shift"? In downwards shifts we usually shift on the "new" (lower) finger as it is already placed on the string before the shift. In upwards shifts we can choose between shifting on the "old" finger (for a clean articulated shift) or shifting on the "new" finger (for a smooth vocal shift). In the following exercises the intermediate notes (indicated with an x) always imply "clean" shifts as these are the most helpful for our positional sense. We can however practice all the exercises also with smooth vocal shifts, changing imperceptibly onto the new finger during the shift (and consequently with no intermediate note)

EXERCISE 1: Hand shifts ONE scale step

by cellofun.eu

EX 1A: SHIFTS BETWEEN FIRST FINGER AND MIDDLE FINGER (M = middle finger = 2nd or 3rd)

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EX 1A2: Always with closed position

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EX 1A3: Always with second finger

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EX 1 B: SHIFTING BETWEEN FIRST FINGER AND TOP FINGER. EX 1B1: All fingers

EX 1B2: First and top fingers only

EX 1 C: Middle finger - top finger

EXERCISE 2: Hand shifts TWO scale steps EX 2 A: FIRST FINGER-MIDDLE FINGER: EX 2A1

EX 2A2: Always with closed position (1-2 semitone, 1-3 tone): Fingerings will change according to key

EX 2A3: Always with second finger

EX 2B: FIRST FINGER-TOP FINGER

EX 2 C: MIDDLE FINGER-TOP FINGER