First Finger Shifting Exercises for Strength: ALL REGIONS
Stepwise and Scalic

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Can be played in different keys (including the minors), with different rhythms and bowings, and on different strings

EXERCISE 1: Same-finger Shifts: Ex 1A: Quadruplet rhythms

EXERCISE 1B: Triplet rhythms

EXERCISE 2: Scale/Arpeggio-Type Shifts: First finger and Middle Finger

Ex 2B

EXERCISE 3: Scale/Arpeggio-Type Shifts: First, Middle and Top Fingers

Ex 3B

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