

# Shifting: Same Finger: Basic Exercises: All Regions: PART 1: ONLY SHIFTING FINGER

Start on any note, on any finger (including the thumb), on any string, and do any scale (major, minors, chromatic, modal). Always sound the glissando of the slurred shift. Make it smooth, flowing, warm and unhurried. Use the glissando to control the shift distance.

## EXERCISE 1: PURE ONE-FINGER SCALES (NO OTHER FINGERS APART FROM THE SHIFTING FINGER)

Five musical staves, each showing a scale with a specific fingering: 1, 2, 3, 4, and thumb. Each staff includes an ascending and a descending scale with a glissando effect. The text "etc up and down" is written above the descending part of each scale.

Audible glissando both ways: Do also on the other fingers (using different starting notes)

Two musical staves. The first is labeled "ZIG ZAG" and shows a scale with a glissando on the way up and a slurred shift on the way down. The second is labeled "DRUNK" and shows a scale with a slurred shift on the way up and a glissando on the way down. Both include the text "etc up and down".

Shift one way with an audible glissando and the other way with inaudible (but imagined) glissando  
Do also on the other fingers (with different starting notes)

Four musical staves showing shifts with and without audible glissando. The first two staves show shifts with an audible glissando on the way up and a slurred shift on the way down. The last two staves show shifts with a slurred shift on the way up and an audible glissando on the way down. The text "etc up" and "and down" is written above the respective parts.

## PART 2: STEPWISE SHIFTS, USING ALSO OTHER FINGERS IN THE SAME FRAME

do in different keys and on different strings

## EX 2.A: SHIFTING ON FIRST FINGER

EX 2A1: First and middle fingers only

EX 2A2: First and top fingers only

EX 2A3: All fingers: Variant 1

All fingers: Variant 2

## EX 2.B: SHIFTING ON SECOND FINGER

EX 2B1: Second and top fingers only

EX 2B2: Second and first fingers only

Basic Same Finger Shifting Exercises: All Regions (cont)

PART 2: STEPWISE SHIFTS, USING ALSO OTHER FINGERS IN THE SAME FRAME

do in different keys and on different strings

EX 2B: SHIFTING ON SECOND FINGER (cont)

EX 2B3: All fingers: Variant 1

and down

All fingers: Variant 2

and down

EX 2C: SHIFTING ON TOP FINGER

EX 2C1: Top and second fingers only

EX 2C2: Top and first fingers only

EX 2C3: All fingers: Variant 1

and down

All fingers: Variant 2

and down

## Basic Same Finger Shifting Exercises: All Regions (cont)

STEPWISE SHIFTING ON THE THUMB  
do in different keys and on different strings

## EX 1: THUMB AND FIRST FINGER ONLY

etc up and down

etc up and down

## EX 2: THUMB AND SECOND FINGER ONLY

etc up and down

etc up and down

## EX 3: THUMB, FIRST AND SECOND FINGERS

etc up

and down

etc up

and down

## EX 4: THUMB AND ALL FINGERS

etc up

and down