

First Finger Arpeggio Shifting Exercises: Fourths: ALWAYS EXTENDED

SHIFTING TO AND FROM THE EXTENDED FIRST FINGER IS UNCOMFORTABLE AND UNSTABLE FOR NORMAL-SIZE HANDS, THEREFORE WE WILL USUALLY TRY TO AVOID THESE FINGERINGS.

IN MANY SITUATIONS HOWEVER WE CANNOT USE ALTERNATIVE FINGERINGS, SO WE NEED TO MASTER THIS SKILL

to be played with a wide variety of different rhythms and bowings

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EXERCISE 1: ACROSS 2 STRINGS

Exercise 1: Across 2 strings. This exercise consists of five staves of music in bass clef, 3/4 time. The first staff starts on the second string (G2) and moves to the first string (E1). The second staff starts on the first string (E1) and moves to the second string (G2). The third and fourth staves continue the pattern between the first and second strings. The fifth staff includes a triplet of eighth notes on the first string and a triplet of eighth notes on the second string.

EXERCISE 2: ACROSS 3 STRINGS

Exercise 2: Across 3 strings. This exercise consists of five staves of music in bass clef, 3/4 time. The first staff starts on the second string (G2) and moves to the first string (E1). The second staff starts on the first string (E1) and moves to the second string (G2). The third and fourth staves continue the pattern between the first and second strings. The fifth staff includes a triplet of eighth notes on the first string and a triplet of eighth notes on the second string.

