

Thumb Position Non-Whole-Hand Movements

Fingers Free with Fixed Thumb: Exercises with Sliding Shifts

PART 1: SAME FINGER SHIFTS: thumb doesn't move until end of each bar

EX 1: Stepwise shifting on first finger: EX 1A: On D-string

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thumb still

2 Non-Whole-Hand Movements: Fingers Free with Thumb Fixed: GLISSANDO SAME FINGER SHIFTS (cont)

Ex 2B: Stepwise shifting on second finger (cont): On A.string

Musical score for Ex 2B: Stepwise shifting on second finger (cont): On A.string. The score consists of four staves of music in G major (one sharp). The first staff shows a sequence of eighth notes with fingerings '2 2' above them, moving up the A-string. The second and third staves continue this sequence with various slurs and accents. The fourth staff concludes the exercise with a final note on the A-string.

EX 3: Stepwise shifting on third finger: EX 3A: On D-string

Musical score for EX 3: Stepwise shifting on third finger: EX 3A: On D-string. The score consists of four staves of music in G major (one sharp). The first staff shows a sequence of eighth notes with fingerings '3 3' above them, moving up the D-string. The second and third staves continue this sequence with various slurs and accents. The fourth staff concludes the exercise with a final note on the D-string.

Ex 3B: On A-string

Musical score for Ex 3B: On A-string. The score consists of four staves of music in G major (one sharp). The first staff shows a sequence of eighth notes with fingerings '3 3' above them, moving up the A-string. The second and third staves continue this sequence with various slurs and accents. The fourth staff concludes the exercise with a final note on the A-string.

EX 1: Extension Between Thumb and First Finger: thumb immobile till last bar of each line

EX 1: Extension Between Thumb and First Finger: thumb immobile till last bar of each line

thumb up

thumb up

thumb up

thumb up

thumb up

thumb up

II

EX 2: Extension Between Thumb and Second Finger: thumb immobile till end of each line

EX 2: Extension Between Thumb and Second Finger: thumb immobile till end of each line

thumb up

thumb up

thumb up

thumb up

thumb up

thumb up

4 Non-Whole-Hand Movements: Fingers Free with Thumb Fixed: GLISSANDO SAME FINGER SHIFTS (cont)

EX. 3: Extension Between Thumb and Third Finger: thumb immobile till end of each line

thumb up

thumb up

thumb up

thumb up

thumb up

thumb up

EXERCISE 4: Can be done also on different strings, in different keys, and with different rhythms/bowings.

The thumb never moves

Ex 4A: First finger

1

5

5

1

1

1

1

1

EX. 4 (cont): Can be done also on different strings, in different keys, and with different rhythms/bowings.

Ex 4B: Shifting on second finger

Ex 4C: Shifting on third finger

6 Non-Whole-Hand Movements: Fingers Free with Thumb Fixed; GLISSANDO SAME FINGER SHIFTS (cont)

SCALIC EXERCISES ACROSS TWO STRINGS

- play these exercises slowly and always slide to the extended finger -

Ex 4: Arpeggio Shifts

The musical score consists of three systems, each with two staves (bass and treble clef). Each system contains two measures of music, separated by a double bar line. The exercises are as follows:

- System 1:** The first measure is in C major (one sharp) and the second in C minor (no sharps or flats). Fingerings are IV, III, II, I. The thumb is labeled "thumb still".
- System 2:** The first measure is in D major (two sharps) and the second in D minor (two flats). Fingerings are IV, III, II, I. The thumb is labeled "thumb still".
- System 3:** The first measure is in E major (three sharps) and the second in E minor (three flats). Fingerings are IV, III, II, I. The thumb is labeled "thumb still".