

Thumb Position Non-Whole-Hand Movements

Fingers Free with Fixed Thumb: Exercises with Sliding Shifts

PART 2: SCALE/ARPEGGIO-TYPE SHIFTS

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These exercises can be transposed around the fingerboard. They can also be played with different bowings and rhythms, and on different strings.

A mini study

thumb still

A mini study exercise consisting of three staves of music. The first staff begins with a treble clef, a key signature of one sharp (F#), and a common time signature. The first measure has an 'x' above the staff and the instruction 'thumb still' below it. The music features a series of eighth-note patterns with various fingerings (1, 2, 3, 2, 3, 2, 1, 2, 3, 2, 3, 1, 2) and slurs. The second and third staves continue the exercise with similar patterns and fingerings.

CHROMATIC SCALES ON ONE STRING (many different fingerings are possible)

Four staves of music showing chromatic scales on one string. Each staff starts with a treble clef and a common time signature. The first three staves show ascending and descending chromatic scales with various fingerings (1, 2, 3, 4, 3, 2, 1) and slurs. The fourth staff shows a similar exercise with different fingerings (1, 2, 3, 2, 1, 2, 3, 4, 3, 2, 1) and slurs. The notation includes various accidentals and fingering numbers to guide the player.

ONE OCTAVE CHROMATIC SCALES IN ONE POSITION ACROSS THE STRINGS: Play also with triplet rhythm

Four staves of music showing one octave chromatic scales in one position across the strings. Each staff starts with a treble clef and a common time signature. The first staff includes an 'x' above the staff and a key signature of one sharp (F#). The music features chromatic scales with various fingerings (1, 2, 3, 4, 3, 2, 1) and slurs. The notation includes various accidentals and fingering numbers to guide the player.