

# Thumb Position Non-Whole-Hand Movements

## Fingers Free with Fixed Thumb: Exercises with Sliding Shifts

### PART 2: SCALE/ARPEGGIO-TYPE SHIFTS

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These exercises can be transposed around the fingerboard. They can also be played with different bowings and rhythms, and on different strings.

#### A mini study

thumb still

A mini study exercise consisting of three staves of music. The first staff begins with a treble clef, a key signature of one sharp (F#), and a common time signature. The first measure has an 'x' above the staff and the instruction 'thumb still' below it. The music features a series of eighth-note patterns with various fingerings (1, 2, 3, 2, 3, 2, 1, 2, 3, 2, 3, 1, 2) and slurs. The second and third staves continue the exercise with similar patterns and fingerings.

#### CHROMATIC SCALES ON ONE STRING (many different fingerings are possible)

Four staves of musical notation for chromatic scales on one string. Each staff shows a sequence of notes with fingerings (1, 2, 3, 4) and slurs. The first three staves are in a key with one sharp (F#), and the fourth staff is in a key with one flat (Bb). The exercises include first and second positions, indicated by Roman numerals I and II. Some notes are marked with a fermata (φ).

#### ONE OCTAVE CHROMATIC SCALES IN ONE POSITION ACROSS THE STRINGS: Play also with triplet rhythm

Four staves of musical notation for one octave chromatic scales across strings. The first staff starts with a treble clef, a key signature of one sharp (F#), and a common time signature. It includes an 'x' above the staff and Roman numerals II, III, II, I. The exercises show chromatic scales across strings with fingerings (1, 2, 3, 4) and slurs. Some notes are marked with a fermata (φ). The exercises include first, second, and third positions, indicated by Roman numerals I, II, III.