

Shifting To and/or From Extended First Finger: All Regions

EXERCISES: Use long slurred bows and do also on different strings

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PART 1: SEMITONE CHROMATIC SHIFTS

EXERCISE 1A: Shifting from non-extd first finger to extended first finger. EX 1A1

Musical score for Exercise 1A1, consisting of seven staves of music in treble clef with a key signature of one flat. The exercise involves chromatic semitone shifts between non-extended and extended first finger positions. Fingerings are indicated by numbers 1, 2, 3, and 4 above the notes. The music is written in a single system with seven staves.

EXERCISE 1A2.

Musical score for Exercise 1A2, consisting of one staff of music in bass clef with a key signature of one flat and a 2/8 time signature. The exercise involves chromatic semitone shifts between non-extended and extended first finger positions. Fingerings are indicated by numbers 1, 2, 3, and 4 below the notes. The music is written in a single system with one staff.

EXERCISE 1B: Shifting from extended first finger to extended first finger. EX 1B1

Musical score for Exercise 1B1, consisting of seven staves of music in treble clef with a key signature of one flat. The exercise involves chromatic semitone shifts between extended first finger positions. Fingerings are indicated by numbers 1, 2, 3, and 4 above the notes. The music is written in a single system with seven staves.

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EXERCISE 1B2



PART 2: STEPWISE SCALE-ARPEGGIO/TYPE SHIFTS: Tonal exercises (not chromatic)

EX. 2.A: MIDDLE FINGER-1x-MIDDLE FINGER: SCALE SEMITONES (repeat each bar as much as you need)



TOP FINGER-1X-TOP FINGER: SCALE SEMITONES



EX 2.C: ANOTHER SCALIC EXERCISE: Transpose all over the fingerboard



PART 3: ARPEGGIO INTERVALS WITH SCALE-ARPEGGIO/TYPE SHIFTS

EX 3A1: TWO-STRING ARPEGGIOS: MINOR THIRDS WITH 2-1X-2

EX 3B1: ONE-STRING ARPEGGIOS: FOURTHS WITH 4-1X-4:

PART 4: ONE-STRING ARPEGGIO INTERVALS WITH SAME FINGER SHIFT ON FIRST FINGER

EX 4A: 1-1X-1: MINOR SIXTHS

EX 4B: 1-1X-1: OCTAVES