

1-4 Doubleextensions in the Neck Region: EXERCISES

PART 1: EXTENSION ONLY BETWEEN FIRST AND FOURTH FINGERS.

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Play with different rhythms and on different strings

Exercise 1: Upbeats in Double-Extension. Don't maintain (hold) extension during the long notes.

Ex 1A: Perfect fourth on same string. Ex 2A1: Stretch upwards

1 xx4 1 1 xx4 1 1 xx4 1 1 xx4 1 1 xx4 1 1 xx4 1 1 xx4 1 1 xx4

Ex 1A2: Stretch downwards

4 xx1 4 xx1 4 xx1 4 xx1 4 xx1 4 xx1 4 xx1 4 xx1

Ex 1B: Octave interval to neighbouring string. Ex 2B1: Stretch upwards

1 xx4 1 xx4 1 xx4 1 xx4 1 xx4 1 xx4 1 xx4 1 xx4

Ex 1B2: Stretch downwards

4 xx1 4 xx1 4 xx1 4 xx1 4 xx1 4 xx1 4 xx1 4 xx1

Exercise 2: Doublestopped exercises. Ex 2A1: Stretch back

4 xx1 4 xx1 4 xx1 4 xx1 4 xx1 4 xx1 4 xx1 4 xx1

Ex 3B1: Stretch up

1 xx4 1 xx4 1 xx4 1 xx4 1 xx4 1 xx4 1 xx4 1 xx4

Ex 2A2

4 xx1 4 xx1 4 xx1 4 xx1 4 xx1 4 xx1 4 xx1 4 xx1

Ex 2B2

1 xx4 1 xx4 1 xx4 1 xx4 1 xx4 1 xx4 1 xx4 1 xx4

2 1-4 Double-extensions in the Neck Region: Dbleextn only between first and fourth fingers: EXERCISES

EXERCISE 3: Ex 3A: Which fourths to stretch and which to shift? (stretch = X)

Ex 3A: Musical notation for measures 1-4. The exercise is written in bass clef with a key signature of one sharp (F#). It consists of four staves. The first staff is labeled 'III 3' and contains four measures of music. The second staff is labeled 'II 3' and contains four measures. The third staff is labeled 'I 3' and contains four measures. The fourth staff is labeled 'I' and contains four measures. The notation includes various fingerings (1, 2, 3, 4) and accents (X) indicating stretches.

Ex 3B: Which fourths to stretch and which to shift? (stretch = X)

Ex 3B: Musical notation for measures 1-4. The exercise is written in bass clef with a key signature of one sharp (F#). It consists of four staves. The first staff is labeled 'III 3' and contains four measures of music. The second staff is labeled 'II 3' and contains four measures. The third staff is labeled 'I 3' and contains four measures. The fourth staff is labeled 'I' and contains four measures. The notation includes various fingerings (1, 2, 3, 4) and accents (X) indicating stretches.

Ex 3C: which fourths to stretch?

Ex 3C: Musical notation for measures 1-4. The exercise is written in bass clef with a key signature of one sharp (F#). It consists of four staves. The first staff is labeled 'III 3' and contains four measures of music. The second staff is labeled 'II 3' and contains four measures. The third staff is labeled 'I 3' and contains four measures. The fourth staff is labeled 'I' and contains four measures. The notation includes various fingerings (1, 2, 3, 4) and accents (X) indicating stretches.

EXERCISE 4:

EXERCISE 4: Musical notation for measures 1-4. The exercise is written in bass clef with a key signature of one sharp (F#). It consists of four staves. The first staff is labeled 'III 3' and contains four measures of music. The second staff is labeled 'II 3' and contains four measures. The third staff is labeled 'I 3' and contains four measures. The fourth staff is labeled 'I' and contains four measures. The notation includes various fingerings (1, 2, 3, 4) and accents (xx4) indicating stretches.

Exercise 5: Legato Scales. Ex 5A: One-octave scales across two strings. Ex 5A1: Quadruplet rhythms

Ex 5A2

Ex 5A3: Triplet Rhythms

Ex 5B: Two-octave scales across three strings. Ex 5B1: Quadruplet rhythms

Ex 5B2: Triplet rhythms