Leaps Across Three and Four Strings: EXERCISES PRACTICE THE FOLLOWING OPEN-STRING EXERCISES USING THE NOTES OF THE 3 AND 4-STRING CHORD CHARTS some of these exercises can also be practiced with non-spiccato bowings
DOUBLE-STOPPED EXERCISES
1: Three Strings. 1.A: All crossings in easy direction (clockwise loops)


1B: All crossings in hard direction (anticlockwise loops)


1C: Mixed (crossings in both directions)


2: Four Strings. 2A: All crossings in easy direction


2B. All crossings in hard direction


2C: Mixed (crossings in both directions)


NO DOUBLESTOPS: OCCASIONAL LEAPS. Three Strings

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 Four strings



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Mixed 3 and 4-string leaps


CONSECUTIVE LEAPS. 1: Three strings: Invent melodic patterns using the intervals of the octave and the tenth


Use the same principle for the interval of an octave


For 4-string leaps, invent melodic patterns using the double octave interval. Lower note always on C string



For the following bowing/rhythmic variations on the above exercises, use different bowings: start upbow - start downbow - hooked - not hooked etc. Use the same patterns also for the 3-string leaps.


