INTERMEDIATE REGION: BASIC POSITION/FAST FLUIDITY EXERCISES: NO SHIFTS (just crawling) PART 3 (ULTIMATE): MINOR AND MAJOR THIRD HAND FRAMES, WITH USE OF ALL FINGERS

Here, in the lower positions, both the third and fourth fingers are used interchangeably. Play around with these patterns by using different rhythms, speeds, bowings and time signatures etc. To avoid tension and rigidity: roll the hand between the top-finger side and the lower-finger side when possible, relax the first finger when not using it and release the thumb (or place it on the cello rib) in the higher positions.

by cellofun.eu

EXERCISE 1: TRIPLET VARIANTS: Here are all the possible triplet variants, entirely written out to allow the brain to rest



copyright: cellofun.eu

2 Intermediate Region: Fast, Fluid Articulation Exercises with No Shifts: PART 3: ALL EXTENSIONS, ALL FINGERS



copyright: cellofun.eu

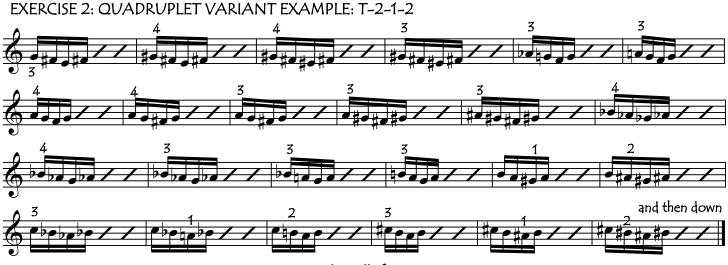
Intermediate Region: Fast, Fluid Articulation Exercises with No Shifts: PART 3: ALL EXTENSIONS, ALL FINGERS



top-finger and bottom-finger sides. Here are some of the possible variants (T = top finger) CUADRUPLETS: 1-2-T-2 1-2-1-T 1-T-1-2 1-T-2-T SEXTUPLETS: 1-2-T-2-T-2

 		–		
2-1-T-1	2-1-2-T	2-T-1-T	2-T-2-1	2-T-2-1-2-T
T-1-2-1	T-1-3-2	T-2-1-2	T-2-T-1	T-2-T-2-1-2

We won't bother writing all these out because it takes up too much space, but here is one configuration written out in the upwards direction. Going down follows the same pattern. Follow the same principles for the other finger configurations.



copyright: cellofun.eu