

ROLLING DOUBLESTOPPED ARPEGGIO EXERCISES: ALL REGIONS: NO EXTENSIONS  
HAND MOVES PERFECT FOURTH

EX. 1: FIRST FINGER FOURTHS and TOP/MIDDLE FINGER MAJOR THIRDS: EX 1A: start on G string

Exercise 1A consists of seven staves of music in bass clef, starting on the G string. The first six staves are in 3/4 time, and the seventh is in 4/4 time. Each staff shows a sequence of double-stopped chords with arpeggios, starting from a perfect fourth and moving to a major third. Fingerings are indicated by numbers 1, 2, 3, and 4. A 'V' symbol is present at the end of the seventh staff.

EXERCISE 1B: Start on C string

Exercise 1B consists of four staves of music. The first two staves are in bass clef, and the last two are in treble clef. The first two staves are in 3/4 time, and the last two are in 4/4 time. Each staff shows a sequence of double-stopped chords with arpeggios, starting from a perfect fourth and moving to a major third. Fingerings are indicated by numbers 1, 2, 3, and 4. A 'II' symbol is present in the third staff.

ROLLING DOUBLESTOPPED ARPEGGIOS: HAND MOVES FOURTH: NO EXTN (cont)

EX 1B. (cont): P4 ON FIRST FINGER AND M3 ON TOP/MIDDLE FINGER

Exercise 1B, measures 1-4. The exercise is written in two systems, each with a bass staff and a treble staff. The key signature is one sharp (F#). The first system (measures 1-2) starts in the bass clef with a 1-finger arpeggio (G2, B2, D3) and a 2-finger arpeggio (A2, C3, E3), followed by a 1-finger arpeggio (F#3, A3, C4) and a 2-finger arpeggio (G3, B3, D4). The second system (measures 3-4) starts in the treble clef with a 3/4-finger arpeggio (F#4, A4, C5) and a 4-finger arpeggio (G4, B4, D5), followed by a 1-finger arpeggio (E5, G5, B5) and a 2-finger arpeggio (F#5, A5, C6). Fingerings are indicated by numbers 1-4 and Roman numerals II, III, IV.

EXERCISE 1:C

Exercise 1:C, measures 1-4. The exercise is written in two systems, each with a bass staff and a treble staff. The key signature is one flat (Bb). The first system (measures 1-2) starts in the bass clef with a 4-finger arpeggio (F3, A3, C4) and a 3-finger arpeggio (G3, B3, D4), followed by a 1-finger arpeggio (E4, G4, B4) and a 2-finger arpeggio (F#4, A4, C5). The second system (measures 3-4) starts in the treble clef with a 3-finger arpeggio (F#4, A4, C5) and a 4-finger arpeggio (G4, B4, D5), followed by a 1-finger arpeggio (E5, G5, B5) and a 2-finger arpeggio (F#5, A5, C6). Fingerings are indicated by numbers 1-4 and Roman numerals II, III, IV.