

# Shifting On and To The Extended First Finger in Neck Position: Exercises In Doublestops and Broken Doublestops

EXERCISE 1: Scales in thirds are an excellent practice material for working on this skill. Here, below are some variants.

EX 1A: Glissando only on first finger

EXERCISE 1A: Glissando only on first finger. This exercise consists of four staves of music in bass clef, 2/4 time. Each staff contains a scale in thirds with glissando markings (circles with a dot) and fingering numbers (1, 3, 4). The scales move through various keys: C major, G major, D major, and A major.

EX 1B: Glissando only on lower-string finger

EXERCISE 1B: Glissando only on lower-string finger. This exercise consists of four staves of music in bass clef, 2/4 time. Each staff contains a scale in thirds with glissando markings and fingering numbers (1, 3, 4). The scales move through various keys: C major, G major, D major, and A major.

EX 1C: Glissando on both fingers

EXERCISE 1C: Glissando on both fingers. This exercise consists of six staves of music in bass clef, 2/4 time. Each staff contains a scale in thirds with glissando markings and fingering numbers (1, 3, 4). The scales move through various keys: C major, G major, D major, and A major.

2 Shifting On and To Extended First Finger: DOUBLESTOPPED (AND BROKEN) EXERCISES

Ex 1D: Broken doublestopped exercise: Shifting only on fourth finger but keep first finger down

EXERCISE 2: Doublestopped arpeggios. Ex 2A1: Major

EX 2A2: Down a fifth

EX 2A3

## EX 2B: Minor arpeggios. EX 2B1

Three staves of music in bass clef, each with a different key signature (B-flat, A, and B-flat). Each staff contains a sequence of double-stopped notes with fingerings 1 and 2, and a '4' below the notes indicating a broken string technique.

## EX 2B2 (down a fifth)

Three staves of music in bass clef, each with a different key signature (B-flat, A, and B-flat). Each staff contains a sequence of double-stopped notes with fingerings 1 and 2, and a '4' below the notes indicating a broken string technique.

## EX 2B3

Three staves of music in bass clef, each with a different key signature (B-flat, A, and B-flat). Each staff contains a sequence of double-stopped notes with fingerings 1 and 2, and a '4' below the notes indicating a broken string technique. The third staff includes fingering III 1 and IV 4.

## LITTLE DITTY: Can be played on any pair of strings

A single staff of music in bass clef with a 2/4 time signature. It consists of a sequence of double-stopped notes with fingerings 1 and 2, and a '4' below the notes indicating a broken string technique.