

# First Finger Shifting Exercises: ALL REGIONS

## 1-1 Thirds (mixed)

TO BE PLAYED WITH DIFFERENT RHYTHMS AND ON DIFFERENT STRINGS

EXERCISE 1: DIMINISHED 7THS: All minor thirds with no extensions. EXERCISE 1.1

Exercise 1.1 consists of two staves of music. The first staff is in bass clef and the second in treble clef. Both staves show a sequence of notes connected by first finger shifts (marked with '1'). The intervals between notes are minor thirds, forming a diminished 7th chord structure. The key signature has one flat (B-flat).

EXERCISE 1.2

Exercise 1.2 consists of two staves of music. The first staff is in bass clef and the second in treble clef. Both staves show a sequence of notes connected by first finger shifts (marked with '1'). The intervals between notes are minor thirds, forming a diminished 7th chord structure. The key signature has one flat (B-flat).

EXERCISE 1.3

Exercise 1.3 consists of two staves of music. The first staff is in bass clef and the second in treble clef. Both staves show a sequence of notes connected by first finger shifts (marked with '1'). The intervals between notes are minor thirds, forming a diminished 7th chord structure. The key signature has one flat (B-flat).

VARIANTS: START ON 2ND AND 3RD NOTES OF EACH EXERCISE: for example ...

The Variants section shows two staves of music. The first staff is in treble clef and the second in bass clef. Both staves show rhythmic patterns with first finger shifts (marked with '1'). The patterns are variations of the exercises above, starting on the 2nd and 3rd notes. The key signature has one flat (B-flat).

The Variants section shows two staves of music. The first staff is in bass clef and the second in treble clef. Both staves show rhythmic patterns with first finger shifts (marked with '1'). The patterns are variations of the exercises above, starting on the 2nd and 3rd notes. The key signature has one flat (B-flat).

The Variants section shows two staves of music. The first staff is in treble clef and the second in bass clef. Both staves show rhythmic patterns with first finger shifts (marked with '1'). The patterns are variations of the exercises above, starting on the 2nd and 3rd notes. The key signature has one flat (B-flat).

EXERCISE 2: DOMINANT SEVENTHS: Mixed minor and major thirds (non-extended and extended)

Variant 1 of Exercise 2 shows a single staff in treble clef. It features a sequence of notes connected by first finger shifts (marked with '1'). The intervals between notes are a mix of minor and major thirds, forming dominant 7th chords. The key signature has two flats (B-flat and E-flat).

Variant 2 of Exercise 2 shows a single staff in treble clef. It features a sequence of notes connected by first finger shifts (marked with '1'). The intervals between notes are a mix of minor and major thirds, forming dominant 7th chords. The key signature has two flats (B-flat and E-flat).

Now move exercise 2 and its variants around the fingerboard, for example:

VARIANT 1

VARIANT 2

EXERCISE 3: THIRDS AND STEPWISE

VARIANT 1                      VARIANT 2                      etc

This exercise can be transposed around the fingerboard, for example:

VARIANT 1                      VARIANT 2                      etc                      etc

EXERCISE 4: MAJOR ARPEGGIOS. EX 4A: ACROSS 3 STRINGS

EXERCISE 4A: ACROSS 3 STRINGS

10 staves of music, each with fingerings (1, 2, 3, 4) and string numbers (I, II, III) indicated below the notes.

EXERCISE 4B: ACROSS 4 STRINGS

EXERCISE 4B: ACROSS 4 STRINGS

10 staves of music, each with fingerings (1, 2, 3, 4) and string numbers (I, II, III, IV) indicated below the notes.