

First Finger Capo Fifth With Extended Fourth Finger Below

EXERCISES: do also on other pairs of strings

- always keep first finger stopped on both strings -

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EXERCISE 1A

1 4 4 1 4 4 1

etc ???

EXERCISE 1B

1 4 1 4 1

etc ???

EXERCISE 2

1 3 1 3 1 3 1 3

1 3 1 3 1 3 1 3

1 3 1 4 1 3 1 4

Variant of EX 2: Same again but now one semitone lower

Variant of EX 2: Same again but now one semitone lower

Staff 1: 1 3

Staff 2: 1 3

Staff 3: 1 3

Staff 4: 1 3

Staff 5: 1 3

Staff 6: 1 3 4

Staff 7: 1 3 4

EXERCISE 3

EXERCISE 3

Staff 1: 1 V 4 1 2 1 2 2 2