

# Thumb Position: Non-Whole-Hand Movements

## MOVEMENTS OF MOBILE THUMB (WITH FIXED FINGERS)

EXERCISES: to be moved around the fingerboard

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First exercise: Treble clef, key signature of two sharps (F# and C#). Bass clef, key signature of one sharp (F#). Both staves show a sequence of notes with fingerings 1, 2, 3 and thumb positions (open circle for open, 'x' for muted). The exercise is divided into four measures, each with a repeat sign.

MOVING THUMB BACK A SEMITONE TO AVOID EXTENDED THIRD FINGER ON LOWER STRING

Second exercise: Treble clef, key signature of two flats (Bb and Eb). Shows a sequence of notes with fingerings 1, 2, 3 and thumb positions (open circle for open, 'x' for muted). The exercise is divided into four measures, each with a repeat sign.

DIMINISHED SEVENTHS (TRANPOSE ALL OVER FINGERBOARD)

Third exercise: Treble clef, key signature of two flats (Bb and Eb). Bass clef, key signature of one sharp (F#). Shows a sequence of notes with fingerings 1, 2, 3 and thumb positions (open circle for open, 'x' for muted). The exercise is divided into four measures, each with a repeat sign.

ON SAME STRING

Fourth exercise: Treble clef, key signature of two sharps (F# and C#). Shows a sequence of notes on the same string with fingerings 1, 2, 3 and thumb positions (open circle for open, 'x' for muted). The exercise is divided into four measures, each with a repeat sign.

Fifth exercise: Treble clef, key signature of two sharps (F# and C#). Shows a sequence of notes with fingerings 2, 3 and thumb positions (open circle for open, 'x' for muted). The exercise is divided into four measures, each with a repeat sign.

Sixth exercise: Treble clef, key signature of two sharps (F# and C#). Shows a sequence of notes with fingerings 3, 1 and thumb positions (open circle for open, 'x' for muted). The exercise is divided into four measures, each with a repeat sign.

THUMB ON LOWER STRING

Seventh exercise: Treble clef, key signature of two sharps (F# and C#). Shows a sequence of notes with fingerings 1, 2, 3 and thumb positions (open circle for open, 'x' for muted). The exercise is divided into four measures, each with a repeat sign.

Eighth exercise: Treble clef, key signature of two sharps (F# and C#). Shows a sequence of notes with fingerings 2, 3 and thumb positions (open circle for open, 'x' for muted). The exercise is divided into four measures, each with a repeat sign.

Ninth exercise: Treble clef, key signature of two sharps (F# and C#). Shows a sequence of notes with fingerings 3, 1 and thumb positions (open circle for open, 'x' for muted). The exercise is divided into four measures, each with a repeat sign.

THUMB ON HIGHER STRING

Tenth exercise: Treble clef, key signature of two sharps (F# and C#). Shows a sequence of notes with fingerings II 1, 1, 2, 3 and thumb positions (open circle for open, 'x' for muted). The exercise is divided into four measures, each with a repeat sign.

Eleventh exercise: Treble clef, key signature of two sharps (F# and C#). Shows a sequence of notes with fingerings 2, 3 and thumb positions (open circle for open, 'x' for muted). The exercise is divided into four measures, each with a repeat sign.

Twelfth exercise: Treble clef, key signature of two sharps (F# and C#). Shows a sequence of notes with fingerings 3, 1 and thumb positions (open circle for open, 'x' for muted). The exercise is divided into four measures, each with a repeat sign.

SCALIC ACROSS STRINGS IN ONE POSITION

Thirteenth exercise: Treble clef, key signature of two sharps (F# and C#). Shows a sequence of notes with fingerings II, I and thumb positions (open circle for open, 'x' for muted). The exercise is divided into four measures, each with a repeat sign.

Non-Whole-Hand Movements: Thumb Free/Fingers Fixed: EXERCISES

MINOR ARPEGGIOS ACROSS FOUR STRINGS

Four staves of music for minor arpeggios across four strings. Each staff shows a sequence of arpeggios in different keys: D minor, E minor, F minor, and G minor. The exercises are written in bass clef. Fingerings are indicated by numbers 2, 3, 4, and 2. Some notes have an 'x' above them, indicating a natural harmonic. The sequence ends with 'ETC UP'.

MAJOR ARPEGGIOS ACROSS FOUR STRINGS

Four staves of music for major arpeggios across four strings. Each staff shows a sequence of arpeggios in different keys: D major, E major, F major, and G major. The exercises are written in bass clef. Fingerings are indicated by numbers 2, 3, 4, 1, and 2. The sequence ends with 'ETC UP'.

ONE OCTAVE MAJOR ARPEGGIO IN FIRST INVERSION: TWO STRINGS

Two staves of music for one octave major arpeggios in first inversion on two strings. The first staff is in bass clef and the second is in treble clef. Each staff shows a sequence of arpeggios in different keys: D major, E major, F major, and G major. Fingerings are indicated by numbers 3, 1, 3, 1, 3, 1, 3. The sequence ends with 'ETC UP' and 'ETC DOWN'.

ONE OCTAVE MAJOR AND MINOR ARPEGGIOS: TWO STRINGS: Variant 1 (upwards)

Two staves of music for one octave major and minor arpeggios on two strings, Variant 1 (upwards). Each staff shows a sequence of arpeggios in different keys: D major, E major, F major, and G major. Fingerings are indicated by numbers 2, 3, 2, 3, 2, 3. The sequence ends with 'ETC UP'.

ONE OCTAVE MAJOR AND MINOR ARPEGGIOS: TWO STRINGS: Variant 2 (downwards)

Two staves of music for one octave major and minor arpeggios on two strings, Variant 2 (downwards). Each staff shows a sequence of arpeggios in different keys: D major, E major, F major, and G major. Fingerings are indicated by numbers 2, 3, 2, 3, 2, 3. The sequence ends with 'ETC DOWN'.

BROKEN ARPEGGIO ACROSS TWO STRINGS

Two staves of music for broken arpeggios across two strings. Each staff shows a sequence of arpeggios in different keys: D major, E major, F major, and G major. Fingerings are indicated by numbers 2, 4, 2, 4, 2, 4. The sequence ends with 'ETC UP AND DOWN'.

Non-Whole-Hand Movements: Thumb Free/Fingers Fixed: EXERCISES

A DOWNWARDS PROGRESSION MINI-STUDY

A musical score for a downward progression mini-study. It consists of six staves of music in treble clef. The first staff starts with a treble clef, a key signature of one flat (B-flat), and a common time signature. The music features a series of eighth-note patterns with slurs and accents. Fingerings are indicated by numbers 1 and 3. The second staff continues the pattern with a key signature change to two flats (B-flat, E-flat). The third staff has a key signature of three flats (B-flat, E-flat, A-flat). The fourth staff has a key signature of four flats (B-flat, E-flat, A-flat, D-flat). The fifth staff has a key signature of five flats (B-flat, E-flat, A-flat, D-flat, G-flat). The sixth staff concludes with a key signature of six flats (B-flat, E-flat, A-flat, D-flat, G-flat, C-flat) and includes the text 'ETC' and a fermata.

A SIMPLE PROGRESSION UPWARDS

A musical score for an upward progression exercise. It consists of four staves of music in bass clef. The first staff starts with a bass clef, a key signature of one sharp (F#), and a common time signature. The music features a series of eighth-note patterns with slurs and accents. Fingerings are indicated by numbers 3 and 1. The second staff has a key signature of two sharps (F#, C#). The third staff has a key signature of three sharps (F#, C#, G#). The fourth staff has a key signature of four sharps (F#, C#, G#, D#) and includes the text 'ETC'.

THE SAME PROGRESSION BUT NOW DOWNWARDS AND TOTALLY CHROMATIC

A musical score for a downward progression exercise that is totally chromatic. It consists of three staves of music in treble clef. The first staff starts with a treble clef, a key signature of one flat (B-flat), and a common time signature. The music features a series of eighth-note patterns with slurs and accents. Fingerings are indicated by numbers 1 and 3. The second staff has a key signature of two flats (B-flat, E-flat). The third staff has a key signature of three flats (B-flat, E-flat, A-flat) and includes the text 'ETC'.