

# Shifting To And From Extended First Finger: All Regions

EXERCISES: Use long slurred bows and do also on different strings

by cellofun.eu

## PART 1: SEMITONE CHROMATIC SHIFTS

### EXERCISE 1A: Shifting from non-extended first finger to extended first finger. EX 1A1

EXERCISE 1A2

### EXERCISE 1A3

TURBO

etc up

### EXERCISE 1B: Shifting from extended first finger to extended first finger. EX 1B1

semitone shifts on 1 extd (cont)

Four staves of musical notation in treble clef, showing semitone shifts on the extended first finger. The exercises are written in various keys (D major, C major, B-flat major, A-flat major) and consist of eighth-note patterns with fingerings indicated by the number '1' above the notes.

## EXERCISE 1B2

Four staves of musical notation in treble clef, showing Exercise 1B2. It consists of eighth-note patterns with fingerings indicated by the number '1' above the notes, demonstrating semitone shifts on the extended first finger across various keys.

## PART 2: STEPWISE SCALE-ARPEGGIO/TYPE SHIFTS

EX. 2.A: MIDDLE FINGER-1x-MIDDLE FINGER: SCALIC SEMITONES (repeat each bar as much as you need)

Two staves of musical notation in bass clef, showing Exercise 2.A. The exercises consist of eighth-note patterns with fingerings indicated by the numbers 1, 2, 3, and 4 above the notes, demonstrating scalic semitone shifts on the middle finger across various keys.

## TOP FINGER-1X-TOP FINGER: SCALIC SEMITONE SHIFT INTERVALS

Three staves of musical notation in bass clef, showing exercises for top finger shifts. The exercises consist of eighth-note patterns with fingerings indicated by the numbers 1, 2, 4, and 1 above the notes, demonstrating scalic semitone shift intervals on the top finger across various keys.

EX 2.C: ANOTHER SCALIC EXERCISE: Transpose all over the fingerboard

Three staves of musical notation for Exercise 2.C. Each staff shows a scale in bass clef with various fingering patterns (1, 2, 3) and repeat signs. The first staff starts with a double bar line and repeat sign. The second and third staves also end with repeat signs.

PART 3: ARPEGGIO INTERVALS WITH SCALE-ARPEGGIO/TYPE SHIFTS  
MINOR THIRDS 2-1X-2

Ten staves of musical notation for Part 3. Each staff shows arpeggio intervals with scale-arpeggio/type shifts in minor thirds (2-1X-2) across various keys and clefs. The notation includes various clefs (bass and treble), key signatures, and fingering numbers (1, 2, 3, 4). The exercises are arranged in a sequence of ten staves, each showing a different key and clef combination.

## EX 3B1: ONE-STRING ARPEGGIOS: FOURTHS WITH 4-1X-4:

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## PART 4: ONE-STRING ARPEGGIO INTERVALS WITH SAME FINGER SHIFT ON FIRST FINGER

## EX 4A: 1-1X-1: MINOR SIXTHS

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## EX 4B: 1-1X-1: OCTAVES

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